

QUALITY OF LIFE RATINGS FOR MEDIUM MARKETS

Rank	Market	Quality of life score	Population (2008)	Housing units	Population growth since 2000	People living in same house for more than 1 year	Adults 25-44 as share of total population	Workers who walk to work or work at home	Average commute time to work (minutes)	Median household income	Poverty rate for families	Affordability (household value per \$1,000 of household income)	Rent affordability (annual median rent per \$1,000 of household income)	Management (professional jobs)	Self-employed workers	Houses built since 1990	Houses with 9 or more rooms	Housing vacancy rate	Homeowner rate	Median house value	Adults (25 or older) with school diplomas	Adults (25 or older) with bachelor's degrees	Adults (25 or older) with advanced degrees	
1	Boulder, Colo.	21.059	300,452	123,516	11.4%	75.4%	29.2%	13.6%	21.40	\$65,960	5.8%	\$5,288.00	\$13.20	3.4%	50.1%	15.6%	32.8%	18.1%	5.3%	65.7%	\$348,800	93.2%	55.9%	24.2%
2	Provo, Utah	18.204	539,754	141,241	43.3%	77.7%	27.7%	10.9%	20.56	\$58,124	7.4%	\$4,045.00	\$11.01	2.5%	36.2%	10.7%	47.9%	28.0%	4.6%	71.2%	\$235,100	92.9%	34.4%	10.5%
3	Ford City, Texas	17.929	345,579	119,268	16.5%	67.9%	12.3%	10.8%	20.51	\$65,879	6.2%	\$4,360.00	\$12.33	4.4%	36.5%	11.9%	46.3%	16.6%	5.6%	68.9%	\$246,800	93.1%	41.6%	16.3%
4	Madison, Wis.	14.611	862,065	245,181	12.0%	29.6%	8.6%	8.0%	20.56	\$60,818	4.6%	\$3,678.00	\$11.81	3.2%	43.8%	32.0%	37.0%	11.9%	66.0%	\$223,700	93.7%	40.9%	16.1%	
5	Ogden, Utah	12.894	530,998	176,324	20.0%	82.6%	28.0%	5.3%	22.74	\$60,345	6.0%	\$3,183.00	\$10.36	3.1%	23.8%	8.7%	36.9%	22.1%	5.6%	77.1%	\$192,100	91.8%	27.5%	8.0%
6	Holland, Mich.	12.369	260,891	100,356	9.5%	86.3%	28.0%	6.3%	19.83	\$57,307	3.8%	\$2,879.00	\$10.94	4.2%	32.5%	9.9%	38.8%	15.5%	6.7%	81.7%	\$165,000	90.4%	27.8%	8.7%
7	Colorado Springs, Colo.	11.736	616,975	255,210	14.8%	76.5%	29.6%	9.4%	22.35	\$57,782	7.1%	\$3,775.00	\$11.98	5.0%	39.7%	11.2%	36.4%	18.0%	9.1%	68.7%	\$218,100	92.0%	34.4%	12.8%
8	Ann Arbor, Mich.	11.729	344,539	147,010	12.0%	76.6%	28.0%	9.2%	23.39	\$60,592	6.2%	\$4,123.00	\$12.33	4.3%	37.9%	9.1%	40.0%	11.0%	6.3%	84.8%	\$286,800	94.1%	51.1%	26.6%
9	Des Moines, Iowa	11.523	554,011	231,429	15.4%	81.1%	29.3%	5.1%	18.63	\$57,543	6.2%	\$2,622.00	\$10.53	5.5%	38.0%	8.7%	30.1%	12.4%	6.8%	73.3%	\$150,900	91.3%	31.9%	9.1%
10	Manchester, N.H.	10.751	400,474	161,769	6.1%	86.2%	27.8%	7.2%	25.62	\$70,009	4.9%	\$4,001.00	\$12.67	3.7%	40.3%	9.9%	19.4%	11.1%	5.3%	69.8%	\$280,100	90.5%	34.5%	11.6%
11	Lincoln, Neb.	10.558	294,665	123,255	10.4%	77.6%	25.4%	7.0%	18.06	\$52,171	5.9%	\$2,774.00	\$10.54	3.4%	37.0%	9.0%	29.7%	15.0%	6.4%	64.0%	\$144,700	93.1%	35.4%	11.4%
12	Boise, Idaho	10.330	598,719	235,251	28.8%	77.4%	29.9%	6.7%	21.49	\$52,098	7.6%	\$3,804.00	\$12.48	4.5%	36.0%	12.6%	48.6%	11.1%	5.9%	71.0%	\$198,200	88.7%	28.3%	8.6%
13	Trenton, N.J.	8.883	364,579	140,431	3.9%	82.0%	28.0%	7.8%	26.81	\$71,374	6.4%	\$4,474.00	\$11.65	4.3%	33.3%	8.0%	16.9%	12.7%	68.4%	\$151,300	86.3%	38.1%	17.5%	
14	Cedar Rapids, Iowa	8.712	254,911	110,917	7.5%	82.5%	27.7%	6.2%	19.00	\$52,196	1.1%	\$2,504.00	\$9.08	3.7%	38.8%	28.1%	12.5%	6.2%	73.6%	\$130,700	92.5%	26.5%	7.3%	
15	Portland, Maine	8.556	516,026	254,501	5.8%	85.5%	26.0%	9.1%	23.57	\$54,996	5.8%	\$4,177.00	\$13.53	3.8%	27.3%	13.4%	22.3%	8.6%	5.6%	72.2%	\$240,700	91.5%	33.2%	11.6%
16	Norwich, Conn.	8.003	265,830	116,468	2.6%	83.2%	26.3%	6.5%	22.52	\$65,580	4.6%	\$4,130.00	\$12.31	3.7%	36.9%	9.1%	15.6%	7.0%	70.0%	\$269,800	90.3%	30.1%	15.6%	
17	Huntsville, Ala.	7.655	397,228	166,955	15.9%	83.3%	27.5%	3.4%	21.47	\$53,149	8.3%	\$2,717.00	\$9.16	4.5%	40.8%	8.4%	36.9%	12.5%	9.1%	71.8%	\$144,400	85.9%	33.8%	11.5%
18	Anchorage, Alaska	7.140	365,990	145,518	14.5%	77.9%	29.1%	7.5%	21.07	\$71,075	5.8%	\$3,488.00	\$12.83	6.0%	37.1%	10.1%	26.2%	8.3%	64.9%	\$352,300	91.3%	39.6%	10.6%	
19	Poughkeepsie, N.Y.	6.914	672,020	246,102	8.7%	87.1%	26.7%	8.8%	31.17	\$69,725	6.5%	\$4,694.00	\$12.62	4.3%	36.7%	19.3%	11.0%	10.2%	5.1%	71.2%	\$327,300	87.7%	28.9%	12.1%
20	Durham, N.C.	6.619	490,907	212,968	15.8%	79.1%	29.8%	7.5%	23.43	\$50,943	10.0%	\$3,557.00	\$12.98	5.0%	45.0%	9.0%	37.4%	9.4%	9.9%	60.3%	\$181,200	86.0%	42.0%	19.3%
21	York, Pa.	6.350	425,766	173,797	11.5%	86.9%	29.2%	5.2%	26.18	\$56,723	5.7%	\$3,016.00	\$10.23	3.5%	31.8%	8.0%	26.4%	12.9%	4.9%	76.7%	\$171,100	86.0%	21.9%	7.5%
22	Lexington, Ky.	6.281	464,042	202,302	13.6%	76.8%	29.9%	6.4%	20.45	\$49,325	10.3%	\$3,122.00	\$11.23	3.6%	38.5%	9.9%	33.9%	11.4%	7.8%	61.9%	\$154,000	86.9%	33.8%	13.7%
23	Naples, Fla.	311.575	315,533	75,235	4.0%	85.0%	24.0%	6.0%	25.50	\$60,190	6.0%	\$4,616.00	\$12.33	4.3%	35.2%	10.1%	34.2%	11.0%	6.3%	81.3%	\$398,200	94.3%	50.3%	11.0%
24	Lancaster, Pa.	5.974	503,607	193,774	7.0%	87.1%	26.2%	8.7%	21.93	\$55,123	2.2%	\$2,376.00	\$11.39	3.2%	30.9%	11.0%	24.0%	12.4%	9.0%	70.4%	\$180,600	81.0%	23.1%	7.5%
25	Harrisburg, Pa.	5.774	533,802	230,659	4.9%	85.7%	26.5%	7.2%	21.57	\$55,823	5.8%	\$2,823.00	\$10.78	3.5%	35.0%	7.3%	20.7%	11.4%	6.8%	70.0%	\$157,600	88.9%	27.4%	10.0%
26	Green Bay, Wis.	4.856	302,322	135,248	7.0%	85.5%	26.2%	6.2%	19.24	\$52,805	7.1%	\$2,954.00	\$10.42	4.0%	31.0%	7.7%	20.9%	8.2%	5.9%	70.5%	\$156,000	89.6%	23.3%	6.7%
27	Spokane, Wash.	3.671	462,408	194,734	10.4%	80.2%	27.4%	7.5%	21.04	\$47,136	8.6%	\$3,899.00	\$12.35	5.1%	34.3%	9.5%	25.3%	15.4%	5.9%	65.4%	\$183,800	91.7%	27.3%	9.4%
28	Columbia, S.C.	3.284	733,554	308,434	13.2%	78.4%	28.0%	8.2%	23.58	\$49,268	10.0%	\$2,708.00	\$11.39	4.1%	35.4%	10.1%	36.7%	11.0%	6.3%	67.8%	\$178,800	86.3%	29.0%	8.3%
29	Knoxville, Tenn.	3.594	692,210	308,605	10.4%	83.1%	27.3%	4.9%	21.75	\$46,182	9.4%	\$3,135.00	\$11.39	4.1%	35.4%	9.9%	33.4%	10.6%	6.8%	70.4%	\$144,800	85.8%	28.8%	10.3%
30	Reading, Pa.	3.213	400,771	160,233	8.3%	85.4%	26.7%	7.5%	23.40	\$54,210	7.7%	\$3,130.00	\$10.85	3.8%	30.6%	9.3%	21.0%	12.4%	5.9%	73.7%	\$169,700	82.4%	21.9%	7.3%
31	Santa Cruz, Calif.	3.116	252,929	102,894	-1.0%	80.9%	26.0%	10.4%	26.33	\$67,070	6.8%	\$10,567.00	\$17.31	5.3%	31.4%	14.1%	14.1%	4.1%	4.8%	59.7%	\$708,700	85.0%	38.9%	15.1%
32	Wilmington, N.C.	2.894	348,054	195,370	26.8%	80.9%	27.8%	6.2%	23.31	\$47,050	8.4%	\$4,266.00	\$13.73	4.7%	33.1%	14.8%	45.4%	5.8%	10.7%	68.2%	\$200,700	85.7%	28.4%	8.7%
33	San Jose, Calif.	2.671	326,147	123,401	10.0%	81.3%	27.0%	7.2%	22.59	\$70,522	10.0%	\$9,752.00	\$16.33	5.3%	33.1%	15.7%	9.0%	8.3%	64.9%	\$151,300	91.0%	24.1%	7.6%	
34	Astoria, N.J.	2.611	409,001	199,359	83.6%	83.6%	25.8%	7.2%	21.51	\$44,087	9.1%	\$4,053.00	\$13.07	4.1%	31.8%	14.1%	32.8%	7.1%	17.7%	70.9%	\$178,700	85.9%	28.0%	10.1%
35	Peoria, Ill.	2.247	372,638	162,471	1.6%	85.1%	25.7%	4.7%	20.38	\$51,999	7.9%	\$2,335.00	\$9.63	4.3%	34.9%	7.4%	15.8%	10.9%	7.4%	73.8%	\$121,400	89.1%	25.3%	8.0%
36	Lansing, Mich.	2.069	454,605	196,297	1.8%	82.2%	25.8%	7.4%	21.26	\$50,519	9.4%	\$3,036.00	\$12.11	5.2%	36.9%	8.3%	22.0%	10.8%	8.6%	69.4%	\$153,400	91.5%	30.9%	12.3%
37	Santa Rosa, Calif.	1.980	466,424	197,238	1.7%	84.4%	25.7%	10.1%	24.87	\$63,768	6.2%	\$9,248.00	\$17.17	4.9%	33.4%	15.9%	23.3%	4.6%	62.9%	\$589,700	86.3%	30.8%	10.5%	
38	Wichita, Kan.	1.865	405,205	187,366	0.5%	84.9%	25.2%	9.4%	21.85	\$49,205	9.3%	\$4,990.00	\$12.05	4.6%	30.8%	10.1%	32.9%	6.3%	8.9%	64.9%	\$124,000	81.6%	26.6%	8.8%
39	Fayetteville, Ark.	1.882	455,408	182,534	31.2%	78.4%	28.9%	5.9%	21.22	\$45,367	9.9%	\$3,366.00	\$11.66	3.8%	31.0%	10.6%	47.0%	7.3%	10.4%	65.0%	\$152,700	81.0%	24.7%	8.5%
40	Fort Wayne, Ind.	1.518	411,625	177,741	5.5%	86.7%	27.0%	4.5%	20.93	\$49,536	7.9%	\$2,291.00	\$9.93	5.2%	31.7%	8.4%	23.8%	11.3%	9.6%	72.6%	\$113,500	88.2%	24.2%	7.7%
41	Charleston, S.C.	1.494	647,194	281,576	17.9%	82.8%	27.4%	6.5%	24.20	\$50,887	9.8%	\$3,848.00	\$13.30	4.8%	34.2%	10.1%	36.6%	8.8%	3.7%	67.3%	\$195,800	87.3%	28.9%	10.1%
42	Springfield, Mo.	1.402	426,125	183,048	15.7%	77.5%	28.0%	6.5%	22.02	\$43,031	10.0%	\$2,933.00	\$11.32	3.7%	30.5%	11.1%	37.8%	9.2%	7.8%	67.2%	\$126,200	87.1%	24.5%	8.1%
43	Keno, Nev.	1.405	416,657	176,795	7.7%	79.7%	28.0%	6.5%	21.02	\$46,599	6.7%	\$3,265.00	\$12.30	4.0%	30.5%	6.0%	33.8%	6.0%	6.0%	63.2%	\$358,100	86.2%	26.6%	9.3%
44	Roskilde, Va.	1.042	398,200	139,081	5.8%	81.9%	26.0%	5.5%	21.44	\$47,474	8.0%	\$3,290.00	\$11.35	3.8%	32.0%	9.3%	22.5%	12.4%	16.6%	71.3%	\$154,200	84.2%	23.5%	7.8%
45	Syracuse, N.Y.	0.838	645,016	285,462	-0.8%	83.9%	25.5%	7.5%	20.39	\$48,997	9.3%	\$3,276.00	\$11.45	4.3%	32.6%	8.1%	13.5%	11.0%	8.5%	68.4%	\$111,500	88.3%	27.7%	11.1%
46	Hagerstown, Md.	0.580	264,278	112,545	-0.8%	83.7%	30.8%	4.5%	28.71	\$52,190	7.6%	\$4,304.00	\$11.65	4.8%	29.6%	8.2%	33.9%	11.2%	8.0%	69.4%	\$224,600	83.5%	17.9%	6.7%
47	Akron, Ohio	0.546	699,954	307,897	0.7%	87.4%	26.1%	5.1%	22.79	\$49,242	8.8%	\$2,975.00	\$11.80	5.6%	34.7%	8.4%	20.4%	11.4%	8.0%	69.6%	\$146,500	89.6%	28.2%	10.0%
48	Little Rock, Ark.	0.483	676,983	294,259	10.7%	81.3%	27.7%	5.3%	21.66	\$46,597	10.6%	\$2,576.00	\$11.20	4.3%	32.9%	32.9%	6.2%	6.9%	66.6%	\$124,700	87.4%	26.8%	9.5%	
49	Winston-Salem, N.C.	0.024	480,063	206,730	13.8%	85.0%	27.4%	4.8%	21.89	\$46,483	10.4%	\$3,059.00	\$10.95	4.8%	33.5%	10.3%	31.2%	8.6%	11.1%	69.6%	\$142,200	83.9%	26.2%	8.3%
50	Gainesville, Fla.	-0.102	259,179	114,713	11.5%	76.2%	25.8%	6.5%	21.35	\$41,056	10.6%	\$4,640.00	\$16.37	3.3%	44.0%	9.0%	37.1%	5.2%	9.4%	56.7%	\$190,500	89.6%	39.8%	19.5%

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Rank	Market	Quality of life score	Population (2008)	Housing units	Population growth since 2000	People living in same house for more than 1 year	Adults 25-44 as share of total population	Workers who walk to work or work at home	Average commuting time to work (minutes)	Median household income	Poverty rate for families	Mortgage affordability (house value per \$1,000 of household income)	Rent affordability (annual median rent per \$1,000 of household income)	Jobless rate (25-64 years old)	Management and professional jobs	Self-employed workers	Houses built since 1990	Houses with 9 or more rooms	Housing vacancy rate	Homeowner rate	Median house value	Adults (25 or older) with high school diplomas	Adults (25 or older) with bachelor's degrees	Adults (25 or older) with advanced degrees
106	Brownsville, Texas	-11.747	389,164	143,357	16.1%	88.7%	24.9%	4.9%	19.90	\$30,190	30.6%	\$2,382.00	\$13.48	5.1%	26.5%	11.3%	35.8%	2.6%	10.2%	68.6%	\$71,900	62.5%	15.0%	5.0%
107	Shreveport, La.	-12.163	389,389	172,324	3.6%	82.3%	26.4%	3.6%	20.42	\$39,626	14.9%	\$2,763.00	\$12.74	7.0%	30.2%	8.7%	22.3%	5.1%	11.8%	64.3%	\$109,500	83.8%	21.0%	7.3%
108	Corpus Christi, Texas	-12.536	413,206	175,516	2.3%	79.4%	25.4%	5.0%	19.26	\$42,400	15.3%	\$2,337.00	\$13.58	5.1%	29.8%	10.0%	22.7%	3.2%	9.9%	63.0%	\$99,100	77.7%	19.0%	6.3%
109	Visalia, Calif.	-14.635	422,343	135,186	14.8%	85.5%	37.5%	5.2%	21.06	\$49,985	18.5%	\$5,312.00	\$13.41	7.6%	23.8%	8.9%	49.1%	3.6%	6.8%	59.5%	\$229,300	87.4%	12.7%	3.9%